

# Montanna Itinerary

## September 12-16 2018

### Wednesday, September 12th:

Pick up at Bozeman airport  
Downtown Bozeman for lunch\* & shopping  
Check in at Yellowstone Valley Lodge (YVL)  
Depart YVL for wine and cheese reception and a Yellowstone presentation at Barbara's home  
Dinner at YVL

### Thursday, September 13th:

Breakfast at YVL  
Walking meditation along the river at YVL  
Depart YVL for guided hike/tour in Yellowstone National Park and meditation  
Lunch on the trail  
Stop at the Boiling River in Yellowstone for a soak  
Private gourmet dinner at Barbara's home with wine pairings  
Post dinner around the fire pit

### Friday, September 14th:

Breakfast at YVL  
Meditation in the fishing cabin at YVL  
Depart YVL for 9:00 am for hike  
Lunch at YVL  
Depart YVL for horseback riding followed by a soak and cocktails at Chico Hot Springs  
Wine dinner at Chico Hot Springs Resort in their cozy private wine room (dinner at 7:30)  
Option to stay at Chico's for live music and dancing in the Saloon.

### Saturday, September 15th:

Breakfast at YVL  
Depart for private gentle yoga & meditation class with Jennifer at the Breathing Room Studio in Livingston (class is 8:00 – 9:00 am)

OR

Depart YVL for a few hours of shopping in Livingston  
Depart from YVL or Livingston for Yellowstone River float

OR

Afternoon at the spa in Livingston (\$50 credit to use)  
Visit to Uncorked Wine Bar\* followed by dinner at Mustangs in downtown Livingston (dinner at 7:00)  
Option to stay for live music and dancing at The Murray

### Sunday, September 16th:

Breakfast at YVL  
Depart YVL for the airport for return flight

### Additional Information:

Guests are responsible for their own roundtrip airfare  
Fly Fishing (\$500 pp) and personal massages at the Chico Hot Springs are not included  
Included breakfasts and dinners will be offered in a group setting only  
Alcohol is not included except at the Private wine reception and wine/dinner @ Barbara's home.

Cancellation Policy: We cannot honor cancellations after August 1st unless a standing guest on our waitlist agrees to assume your spot. No refunds after September 1st.  
The proposed schedule may be modified or adapted depending on weather..